



## MAN IN THE MIRROR

### **PURPOSE OF THE GROUP:**

Groups are essential to finding authentic community and spiritual growth. A group is where you are “known” and you grow. It’s as simple as ABC: Accountability, Belonging and Care.

### **YOUR PERSONAL ROLE:**

Listen to the weekend message (at church or online). Show up consistently for group meetings. Be authentic while in the group meeting. **CONSISTENCY + AUTHENTICITY = COMMUNITY** (What we are all longing for)

### **CHECKING IN QUESTION:**

**What have you been told is something that you do, and it is a blind spot for you? Do you agree? Do you believe it’s true?**

**Big Idea:** This week’s message emphasizes the importance of **self-awareness and humility** in restoring broken relationships. When conflict arises, our natural instinct is to blame the other person while ignoring our own role. Why do we focus on the speck in someone else’s eye while ignoring the plank in our own. True reconciliation begins in the mirror—we must first examine ourselves, take responsibility for our part (even if it’s small), and approach others with humility rather than self-righteousness. When we do, we not only open the door for healing but also model the same grace that God extends to us.

## LET'S TALK ABOUT IT:

1. Some of the common excuses we use to avoid reconciliation are “I don’t care,” “I already tried,” or “It wasn’t my fault.” Which of these do you relate to the most, and how has it influenced your approach to relationships?
2. Jesus asks in **Matthew 7:3-5**, “*Why do you look at the speck in your brother’s eye and pay no attention to the plank in your own eye?*” How does this challenge the way you typically respond to relational tension?
3. What is the most difficult relationship you’ve ever had to repair? What did you learn from that experience?
4. Read ([Click to Read](#)) **Romans 12:9-21**. What key words stand out? Do those key words bring to mind something in any of your relationships? Why?
5. The healthiest and most mature person should make the first move. How does this fit into your view of conflict resolution? What makes taking the first step so difficult??
6. What’s one practical step you can take this week to “look in the mirror” and own your part of a strained relationship? What do you feel could change if you approached that person with humility instead of waiting on them?

## HOW CAN THE GROUP PRAY FOR YOU THIS WEEK?